

## Confidentiality

If you do give us your contact details or provide identifiable information, we will keep your contact with us completely confidential.

However, in certain circumstances we may have to share information with another agency in order to protect you, or another person.

The MISVA you speak to will be happy to discuss this in more detail.

## Other Support

### Wiltshire and Swindon Sexual Assault

**Referral Centre (SARC)** is a dedicated centre to support victims of rape and sexual assault. The SARC-trained professionals can provide immediate medical care and examination, support, counselling and onward referral.

24 hr Helpline **0808 168 0024**

**SurvivorsUK** provides support to any male survivor of sexual abuse, assault or rape.

**help@survivorsuk.org**

**Male Survivor's Partnership** works with men or boys affected by unwanted sexual attention.

Helpline **0808 800 5005**

# 01793 317482

**Wiltshire Domestic Abuse and Sexual Violence Services are provided by:**



**Service funded by:**



Funded by



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If you would like to have any part of this leaflet explained, translated or in a different format, such as in larger print, please contact us to discuss your needs.

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## Contact Us

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Email: **spa@splitz.org**

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MISVA Team

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# Wiltshire & Swindon Male Sexual Violence Support Service

# THE PHOENIX PROJECT



Support services for adults and young men affected by Rape, Sexual Assault or Sexual Abuse.

# 01793 317482

## The Phoenix Project

The Phoenix project brings together services for Domestic Abuse and Sexual Violence and their families, providing a full range of services with a single, easy to use access point.

## The MISVA Service

At the Wiltshire and Swindon MISVA service we understand the difficulties men may face in coming to terms with the after-effects of rape, sexual assault or sexual abuse, and if relevant the criminal justice process.

You may be feeling:

- Numb
- Angry
- Terrified
- Confused
- Let down
- Depressed
- Worried

You may be experiencing:

- Nightmares
- Flashbacks
- Memory loss
- Mood swings
- Embarrassment
- Isolation

I'm really embarrassed, will they judge?

Can I choose a male or female worker?

Who do I talk to?

How could a MISVA help me?



## What Support Can We Provide?

We aim to help the recovery of any men or boys, of any age who have experienced rape, sexual assault or sexual abuse at any point in their life.

We are an all-inclusive service.

Trained staff will give you information and help you explore the feelings you may have. They will provide details about other services and agencies, to help you decide and access the most appropriate support for your needs.

## What Are The Benefits Of An MISVA?

Your MISVA is a trained specialist offering practical and emotional support to men who have experienced rape, sexual assault or sexual abuse.

Your MISVA can:

- give you advice and support to help you think through your options
- provide face to face or telephone support at crucial times throughout the process
- work with you to make sure you are safe
- provide introductions to other specialist services you may need in our area
- help with accessing counselling

Should you wish to report to the Police they can:

- give advice on criminal and civil remedies available to you
- support you through statement taking with the Police
- keep you up to date with your case
- attend court with you
- explain some of the legal jargon and processes

## How Can Support Be Accessed?

Email us at: [isva@splitz.org](mailto:isva@splitz.org)

Call us on: **01793 317482**

**01793 317482**

**ISVA@splitz.org**