

## What other support is available?

### Respect

[www.respectphoneline.org.uk/](http://www.respectphoneline.org.uk/)

Confidential helpline offering advice, information and support to help you stop being violent and abusive to your partner.

Freephone: **0808 802 4040** Monday-Friday

9am-5pm or email: [info@respectphoneline.org.uk](mailto:info@respectphoneline.org.uk)

**org.uk**

### GDASS

[www.gdass.org.uk/](http://www.gdass.org.uk/)

If you are a female or male victim of domestic abuse please contact Gloucestershire Domestic Abuse Support Service.

Phone: **01452 726570**

Email: [support@gdass.org.uk](mailto:support@gdass.org.uk)

24-hour National Domestic Violence Freephone

Helpline

[nationaldomesticviolencehelpline.org.uk/](http://nationaldomesticviolencehelpline.org.uk/)

A national service for women experiencing domestic violence, their family, friends, colleagues and others calling on their behalf.

Phone: **0808 2000 247**

Positive Relationships Gloucestershire is provided by Splitz Support Service in partnership with Gloucestershire County Council Gloucestershire Office of the Police and Crime Commissioner and Gloucestershire Clinical Commissioning Group



**OPCC**

Office of the Police &  
Crime Commissioner  
for Gloucestershire

The  
Commissioner's  
Fund

Breaking the cycle of crime



*Gloucestershire  
Clinical Commissioning Group*

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If you would like to have any part of this leaflet explained, translated or in a different format, such as larger print, please contact us to discuss your needs.

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## Contact Us

Tel: **01452 529866**

Email: [PRGGloucester@splitz.org](mailto:PRGGloucester@splitz.org)

Splitz Support Service  
Morroway House  
Station Road  
Gloucester  
GL1 1DW

Charity no: 1064764

# Positive Relationships Gloucestershire

Help for people who may have caused harm to their partner or ex-partner and want to change their domestically abusive behaviour



**SPLITZ**  
Support Service

**01452 529866**

## Positive Relationships Gloucestershire (PRG)

PRG is a service for men and women aged 18 and over, living in Gloucestershire, who want to make positive changes to improve relationships with their partner, ex-partner or future partners.

Domestic abuse is defined as physical, sexual, psychological, emotional or financial, violent or abusive behaviour used to control or dominate someone they are, or have been in a relationship with.

### **We know that change can be daunting but if you want to change we can help.**

Involvement in the service is entirely voluntary but you must want to change and be willing to engage with the programmes.

All our services are free.

### How can PRG help?

A team of specialist staff can support you to change your behaviour and enjoy positive relationships with partners, ex-partners and your family.

You may be living with a partner, have separated or have had previous unhealthy relationships. You may have children or no children.

We cannot support you if are currently in prison or have outstanding domestic abuse related charges.

## What will your support look like?

A member of the PRG team will meet with you 1:1 for an initial suitability assessment. We will talk with other agencies who may know you to help decide which programme is most suitable and agree with you the most appropriate support.

### Range of support offered by PRG:

#### **Domestic Violence Perpetrator Programme (DVPP)**

This is a 25 week group programme for men. It supports men who have been abusive towards their partners or ex-partners to change their behaviour and develop respectful, non-abusive relationships. Regular attendance is essential.

#### **One to One Support (121)**

Where group programmes are not suitable for an individual we can provide one to one support to deliver an individualised programme.

#### **Healthy Relationship (HR) Support**

Please contact Splitz to enquire about current Healthy Relationships / Brief Intervention programmes currently being delivered. HR support can help to build knowledge, understanding and skills for maintaining healthy relationships and families.

#### **Relapse Prevention Group (RPG)**

Monthly meetings for men completing the DVPP. The RPG will provide you with staff and peer support to maintain your positive change.

## Partner Safety & Support

Your ex and/or current partners may be offered support by our **Partner's Safety Worker (PSW)**. The PSW ensures that the safety of your partner or ex-partner is not compromised by the intervention and that they are offered support to establish lives free from abuse. You are required to provide contact details of your (ex)partner in order to engage with us.

### How to access support?

You can be referred via an agency that is working with you, or you can refer yourself via the contact details below.

Telephone:

**01452 529866**

Please leave a message if no one is able to answer your call

Make a referral online at:

**[www.splitz.org/referral-forms/prg-referral-form.html](http://www.splitz.org/referral-forms/prg-referral-form.html)**

Email a query to:  
**[PRGGloucester@splitz.org](mailto:PRGGloucester@splitz.org)**

**01452 529866**

**[PRGGloucester@splitz.org](mailto:PRGGloucester@splitz.org)**