

Want to volunteer?

We would be interested in hearing from you if you have good listening skills and have plenty of life experience.

for more information have a look at the vacancies page on our website at www.splitz.org or call us on 01225 775276.

Full training will be provided.

You can apply to use the service by:

Downloading a referral form from our website at www.splitz.org, or

Contacting our office

Splitz Support Service
29 Duke Street
Trowbridge
BA14 8EA

Phone: 01225 775276
Email: buddy@splitz.org



INVESTORS
IN PEOPLE | Bronze

Are you parenting alone and need someone to talk to?

We are a mentoring and befriending service for people parenting alone and living in Wiltshire



Splitz Support Service Buddy Scheme

Our services are free and confidential and open to men and women

01225 775276

SPLITZ
Support Service



About Splitz ...

Since 1989 Splitz has been supporting lone parent families who have been experiencing difficulties such as divorce, separation and domestic abuse.

About the Buddy Scheme ...

Our Buddy Scheme volunteers are usually people who have experienced their own difficulties in the past and would now like to help others in a similar situation. All have been trained by us as mentors.

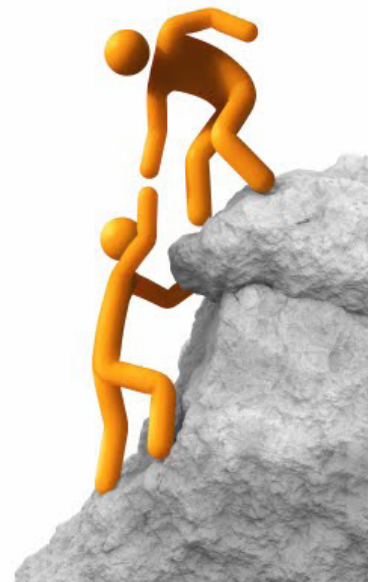
We can help you if ...

- You are parenting alone.
- You live in Wiltshire.
- You have experienced domestic abuse, divorce or separation.
- You require emotional support and encouragement rather than practical support.



How we work ...

- A fully trained volunteer will meet you weekly in your home.
- The biggest part of what we do is **listen** to you.
- We give you a chance to talk through your experiences and help you make sense of them.
- Our volunteers are friendly, encouraging and non-judgemental.



We aim to ...

- Listen.
- Encourage and support.
- Promote independence.
- Reduce feelings of isolation.
- Develop a sense of wellbeing.
- Empower parents.
- Enable a happy family life.

